

# WEEKLY NOTES



## RICHARDSON ELEMENTARY SCHOOL

6901 N. Camino de la Tierra T/A 85741

Office Hours: 7:30 AM-4:00 PM

Office: 520.696.8500

Report Absences: 520.696.4809

Kathy Purcell: 520.696.8501

Health Office: 520.696.8502

FAX: 520.690.5617

Skills for Success: 520.476.8078

### MONDAY, 3/25

2:15PM CHOIR PRACTICE

2:15-3PM BOYS B TEAM BKB PRACTICE

2:15-4PM BOYS A TEAM BKB PRACTICE

### TUESDAY, 3/26

10AM BRASS & PERCUSSION ENSEMBLE 3RD & 4TH

6PM FW GOVERNING BOARD MEETING

2:15-3PM BOYS A TEAM BKB PRACTICE

2:15-4PM BOYS B TEAM BKB PRACTICE

### WEDNESDAY, 3/27

2:15-4PM BOYS BKB A TEAM GAME @ HOME  
VS DOUGLAS

### THURSDAY, 3/28 - NO SKILLS TODAY

9AM KDG FIELD TRIP-TOHONA CHUL

12PM MILERS CLUB 5TH & 6TH

2:15-4PM BOYS BKB B TEAM @ DOUGLAS

### FRIDAY, 3/29

SCHOOL CLOSED

**"Whoever is happy will make others happy."**

~ Anne Frank

MARCH 25-29 2024



## UPCOMING EVENTS

FRIDAY, 3/29 - SCHOOL CLOSED

MONDAY, 4/1 - SCHOOL CLOSED

APRIL 3 - AASA TESTING  
GRADES 3-6

THURSDAY, 4/4  
ROAMING CHEF EVENT  
5-6:30PM

APRIL 8-12  
RICHARDSON WELLNESS WEEK

WEDNESDAY, 4/10  
WALK AROUND WEDNESDAY

FRIDAY, APRIL 12  
7:30 AM  
ALL SCHOOL DANCE PARTY

SATURDAY, APRIL 13  
ALL SCHOOL TUMAMOC WALK

## ANTI-VAPING CAMPAIGN





# STUDENT SPOTLIGHT

## AIDEN ROSE

Aiden Rose is in Ms. Campbell's fourth grade class. Aiden delivers the Wellness Tip of the Week to Richardson students and staff every Wednesday during morning announcements.

Aiden is a very responsible young man. He stops by Ms. Purcell's office every Tuesday after school to pick up his announcement for the following morning. He practices his announcement and by Wednesday morning his delivery is perfection.

Thank you Aiden for putting forth your best effort in your guest announcer position.



## WALK AROUND WEDNESDAY



# FREE MEALS!

## STARTING MARCH 18, 2024

- Flowing Wells is excited to announce that through June 2027, all students in K-12 can access free breakfast and lunch.
- Families with remaining balances may carry balances forward as credit toward additional items or snack bar items at FWJH or FWHS. Or families may request a refund by contacting Luz Ruiz at [luz.ruiz@fwusd.org](mailto:luz.ruiz@fwusd.org).
- Families with past due balances must pay in full.
- No applications will be required moving forward.





STUDENT COUNCIL PRESENTS:

**GEL PENS \$1.00**

**PENCIL CHARMS 50 CENTS**

**PENCIL CHARM + FUN PENCIL \$1.00**

***Before School Thursdays  
and Fridays in the PIT!***





# Music Throughout Our Lives

- Toddlers love moving to music and helps improve motor skills.
- Music encourages language and memorization, especially with repetition.

## Toddlers

- Music can help teens form relationships and gives a sense of belonging.
- Music can help teenagers form their identities.
- Music can help teenagers work through the new experiences as they age and grow.

## Teenagers

- Music can help strengthen memories and the mind.
- Music therapy can be used to assist in communication and relaxation.

## Seniors

## Babies and Infants

- Infants recognize melodies before they recognize lyrics.
- Quiet background music is soothing for infants.

## Children

- Music improves memory and focus and relieves stress.
- Children can begin to use music to express themselves and explain their likes and dislikes.

## Adults

- Music improves mood, reduces stress, and improves depression.
- Music can lower blood pressure and help keep your heart healthy.

THEMES & VARIATIONS  
**MUSICPLAY**



# RICHARDSON WELLNESS WEEK

## HEALTHY CHALLENGES

**MONDAY, APRIL 8**

20 MINUTES OF CARDIO  
bike riding, walking, running

**TUESDAY, APRIL 9**

1 FRESH FRUIT & 1 FRESH VEGETABLE

**WEDNESDAY, APRIL 10**

EAT DINNER AT THE TABLE AS A FAMILY

**THURSDAY, APRIL 11**

NO DEVICES (including TV) 1 HOUR BEFORE BEDTIME

**WALK AROUND WEDNESDAY**

**7:30 AM - APRIL 10TH**



ALL SCHOOL DANCE PARTY

**FRIDAY  
APRIL 12**

**7:30 AM**

HOSTED BY: Ms. Desirée



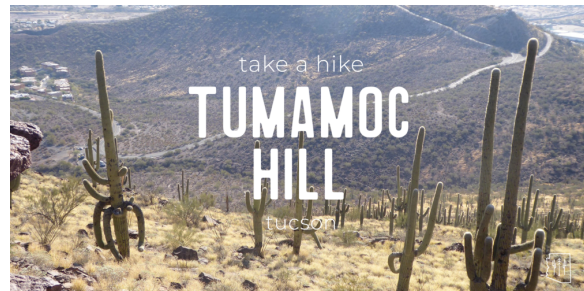
**"Early to bed and early to rise makes  
a man healthy, wealthy, and wise."**

**- Benjamin Franklin**

**UPCOMING EVENTS**

**APRIL 8-13**

**WELLNESS WEEK**



**ALL SCHOOL  
TUMAMOC HILL WALK**  
SATURDAY, APRIL 13  
7:30AM



**STRUCTURED RECESS  
2ND & 3RD GRADE**